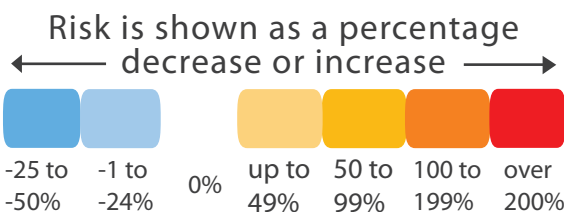
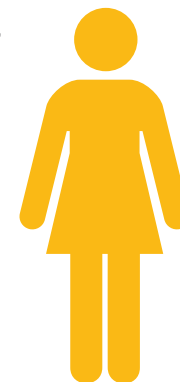


Amount of risk for early death from alcohol-related illness

for women under 70 years of age based on average drinks had per day



| Illness or Disease | 1 DRINK | 2 DRINKS | 3-4 DRINKS | 5-6 DRINKS | 6 DRINKS | Proportion of all Deaths (2002-2005) |
|--------------------------------|---------|----------|------------|------------|----------|--------------------------------------|
| Breast cancer | +13 | +27 | +52 | +93 | +193 | 1 in 45 |
| Hemorrhagic stroke (morbidity) | -29 | 0 | 0 | +78 | +249 | --- |
| Hemorrhagic stroke (mortality) | -22 | +49 | +101 | +199 | +502 | 1 in 20 |
| Ischemic stroke (morbidity) | -18 | -13 | 0 | +31 | +121 | --- |
| Ischemic stroke (mortality) | -34 | -25 | 0 | +86 | +497 | 1 in 65 |
| Diabetes mellitus | -36 | -40 | 0 | +739 | +1560 | 1 in 30 |
| Hypertension | 0 | +48 | +161 | +417 | +1414 | 1 in 85 |
| Liver cirrhosis (morbidity) | +21 | +70 | +125 | +182 | +260 | --- |
| Liver cirrhosis (mortality) | +139 | +242 | +408 | +666 | +1251 | 1 in 160 |

Source: Butt, P., et al. 2011. Reproduced with permission from Canadian Centre on Substance Abuse.

*Each cause of death in the above table is reported in the second column as a proportion of total deaths for four years from 2002-2005, using Statistics Canada data.